

Managing Asthma in Schools

National Association of School Nurses (NASN)

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NASN is...

A specialty nursing organization
whose core purpose is to advance
the delivery of professional school
health services to promote optimal
learning in students.

NASN has...

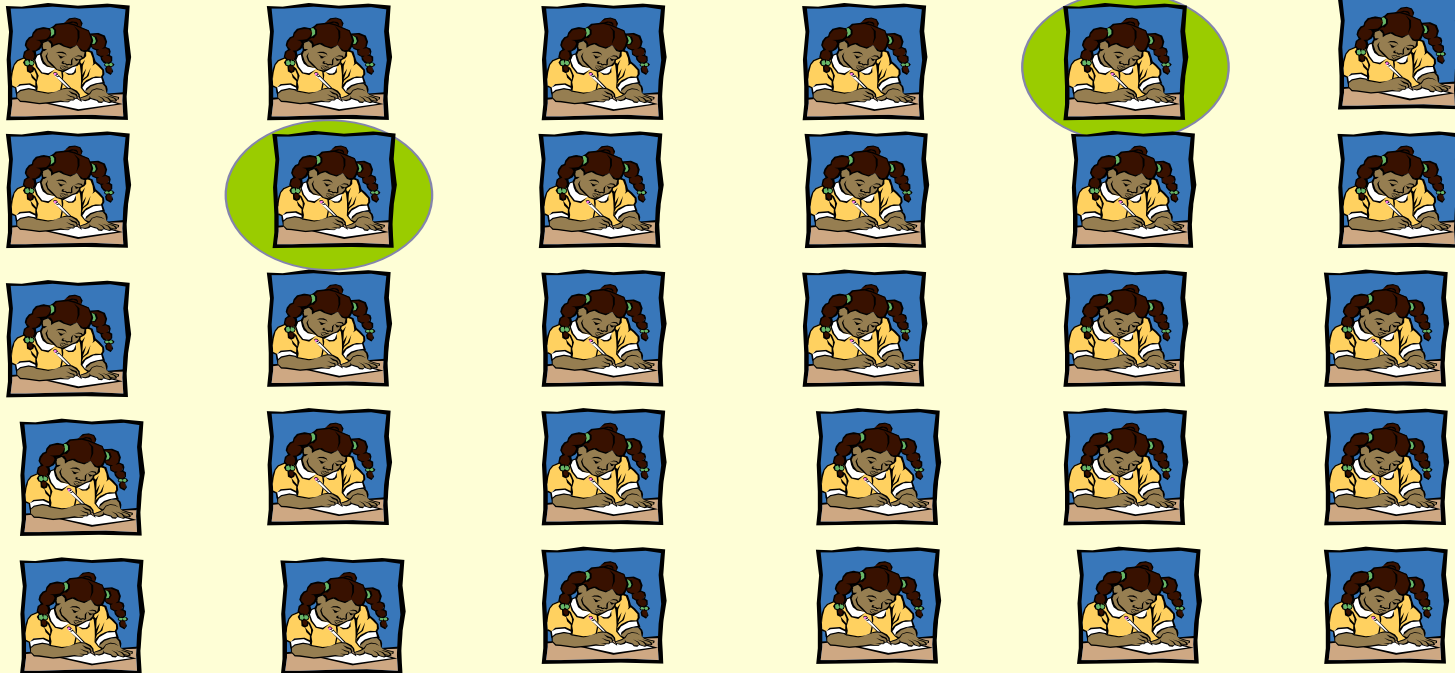
More than 11,000 members in 49 states, the District of Columbia, and overseas.

NASN

- Establishes practice standards.
- Provides education and resources.
- Advocates for school health.
- Participates in research.

Asthma

In a classroom of 30 children,



2 or more children are likely to have asthma

NASN Resources

Position Statements / Issue Briefs

Publications

Programs

Position Statements / Issue Briefs

- Indoor Air Quality
- Healthy School Environment
- Use of Asthma Inhalers
- Asthma Management in the School Setting

Publications

Care of Students with Asthma in
Schools:

Applications of Professional School
Nurse Practice Standards.

Programs

- School Nurse Asthma Management Program (SNAMP)
- Managing Asthma Triggers (MAT)

School Nurse Asthma Management Program (SNAMP)

- Funded in 2001 under cooperative agreement with CDC-DASH.
- Focus: to develop and nationally disseminate program to teach school nurses about school-based asthma management of students pre-K-12.
- 1-day training, training manual, resource manual, resource kit.



Goals of SNAMP project

- Provide knowledge and skills for school-based asthma management.
- Provide information for integration of asthma management throughout school activities.
- Educate about asthma action plans and nursing care plans for students with asthma.
- Promote collaboration.
- Increase nurses' awareness of policies.



Focus of SNAMP training

- Identifying, prioritizing students in need of services.
- Knowledge and skills for individual management:
 - Asthma facts.
 - Peak flow meters and medication devices.
 - Asthma action plans, nursing care plans.
 - Integrating services throughout all school activities.



- Knowledge and skills for school-wide asthma management:
 - Asthma-friendly school policies.
 - Involving the CSHP team.
 - Promoting asthma awareness and education.



Current activities

- In Year 03 of six-year funding cycle
- Ready training day program and manuals for CDC official review
- Developing TOT program
 - **School nurses recruited as trainers/educators.**
 - **TOT to be held in Fall 2003 (15 trainers).**
- National dissemination by trainers to begin early 2004



Managing Asthma Triggers

- Funded through a grant from EPA.
- A series of six 15-20 min. presentations.
- Designed for school nurses to present to school staff.
- Identifies asthma triggers in schools and suggested actions.



Managing Asthma Triggers

- Asthma Review
- Exercise
- Classroom Animals
- School Cleanliness / Maintenance
- Smoke and Odors
- School – Wide Support



New Revisions

- Student Module
- Gaining Administrative Support
- Presentation Skills



www.nasn.org

For more information

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